

# WHAT SHOULD I DO IF MY CHILD IS SICK?



If your child displays one symptom listed in **Column A** or two or more symptoms listed in **Column B**, even if they are mild, they should immediately self-isolate and get tested for COVID-19. If a child displays such symptoms while at school, a staff member will contact the parent/guardian to pick up their child. Siblings in the same school, or those who attend other HSD schools, will also need to be picked up.

*Please note that if your child displays only one symptom from **Column B** and no symptoms from **Column A**, the school staff may request (in an abundance of caution) that you pick up your child. In such instances, your child can return to school once they are symptom-free for 24 hrs. If individual circumstances exist that you wish to discuss with the school, please contact the principal.*

## COLUMN A

Do you have a new onset, or worsening, of any **ONE** of the following symptoms?

- Fever/chills
- Cough
- Sore throat/hoarse voice
- Shortness of breath/breathing difficulties
- Loss of taste or smell
- Vomiting or diarrhea for more than 24 hours

## COLUMN B

Do you have a new onset, or worsening, of any **TWO** of the following symptoms?

- Runny nose
- Muscle aches
- Fatigue
- Pink eye (conjunctivitis)
- Headache
- Skin rash of unknown cause
- Nausea or loss of appetite
- Poor feeding (if an infant)

# WHEN CAN STUDENTS ATTEND SCHOOL?

## WHAT YOU NEED TO KNOW

