



WALK 2019

October is walk to school month and walking is a great way to promote physical activity, reduce harmful emissions, and FUN! Southwood School is recognizing iWALK Month with a few special events.

International Walk To School Month will include three "walk to school" events. These will take place on Oct. 3, Oct 10, Oct 17th. Each day will have a different starting point (see below). Students are to meet at the different location depending on the area they live. We will be departing from each location on the given day at 8:30am sharp. We will walk to the school together as a group.

Meeting areas are as follows:

Oct. 3rd L.A. Barkman Park Parking Lot (by Abe's Hill-Corner of Giesbrecht St. and Reimer Ave)

Oct. 10th The Emmanuel Free Church Parking Lot (360 McKenzie St). Oct. 17th The Hanover Division Office Parking Lot (5 Chrysler Gate)

A second exciting event is "International Walk To School Month" walk-a-thon on October 24. The Walk-a-Thon will begin at approximately 3 pm (after the school assembly) and students will walk a circuit on the school grounds. We are excited to have our local fire department, RCMP, and the 96.7 FM Mix Mobile present to help us with this event. Students are welcome to purchase a Southwood Walk-a-Thon t-shirt for only \$10! (while supplies last). Parents are welcome to join the fun as well.

If you have any further questions, please feel free to contact the school at 204 -326-3518.