

May 1, 2019

Dear Parents,

This year, Woodlawn School and Southwood School embarked on the Balanced School Day to structure our daily schedules. This two year pilot project was approved by the Hanover School Board. The Balanced School Day provides students with two longer activity/nutrition breaks each day. During each of these breaks, the students eat for 25 minutes and play outside for 25 minutes.

Both schools report improved supervision which has resulted in less incidents of negative behaviour. Teachers report that they are better able to help students learn to solve problems as they arise on the playground. As a result, teachers are also reporting that they are spending less class time working on recess issues than they have in previous years. Teachers have enjoyed the additional opportunity to build relationships with their students.

We would like to hear from you, any comments or questions that you have in regards to the Balanced School Day. Both Woodlawn School and Southwood School will be entering into the second year of the pilot project at the start of the 2019-2020 school year and we welcome any feedback you may have. Please respond by May 15 using the links below.

<https://www.surveymonkey.com/r/S7PZQDS>



Respectfully,

Rod Kehler - Principal Southwood School

Karen Fraser - Principal Woodlawn School

