

Principal: Mr. Rod Kehler

Vice-Principal: Mrs. Kim Koop

JUNE 2018

School Picnic June 27

Dates to Remember:

On June 27th, Southwood School will be hosting the annual school picnic. Students will spend half of their day enjoying the picnic games led by their classroom teachers.

Parents are encouraged to bring a lunch and enjoy a family meal on the school grounds from 12:00 pm to 12:50 pm. Students will return to their classes after the lunch period and resume their activities. There will be no food options for purchasing at this year's picnic, so please remember to pack a lunch.

Please note there is no parking in the bus lanes as Kindergarten and end of day busses continue to need access to this lane. In the event of rain, all activities will be moved indoors.

Students will return to their classes at the end of the day for a final "treat" and clean-up. We anticipate another great community event and hope to see you there.



June 2018

- 15 Assembly - 1:00 p.m.
- 26 Grade 4 Farewell Assembly @ 1:15 p.m. & evening activities
- 27 Assembly - 9:10 a.m.
- 27 School Picnic & Last Day of School
*Report Cards or sent home with students
- 28 NO SCHOOL
- 29 NO SCHOOL



September 2018

- 4 Meet the Teacher Night (4:30 pm - 6 pm)
- 5 First Day of School for Gr. 1-4
- 5-10 Kindergarten staggered entrance
- 11 Regular classes begin for Kindergarten
- 14&17 Strong Connections for Grades 1 to 4 students.
- 27 Terry Fox Run

Grade Four Farewell June 26, 2018

This year we want to celebrate the accomplishments of our grade four students and have an opportunity to say farewell. On June 26th, we are inviting families and friends to attend a short and casual farewell in the school gym at 1:15 pm - 2:15 pm.

After the grade four farewell, the students and teachers will go to Boston Pizza for a celebration meal followed by a movie at Keystone theater. Students will return at 6:15 pm for some fun activities in the school. The evening will finish with an ice cream treat and parents should pick up students at school at 8:00 pm. Feel free to contact the school if you have any questions about this event.

**Community Bulletin Board
is located
in the front office foyer**

155 Barkman Ave.,
Steinbach, MB R5G 0P2
Email: southwood@hds.ca
Website: <http://southwood.hsd.ca>
Twitter: @SouthwoodHSD
Phone: 204-326-3518
Fax: 204-326-7535



Important Information

2018/2019 HSD CALENDAR: Are you wondering when Christmas and Spring Break are for the 2018/2019 school year? Check the Hanover School Division website for all 2018/2019 in-service and holiday dates. <http://www.hsd.ca>

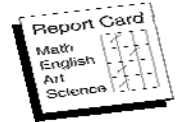
MOVING? - If you are planning to move locations during the summer please call our Southwood School office at 204-326-3518 as soon as possible or the school division transportation office at 204-320-2347 after June 30th.

BUSSING FOR SEPTEMBER 2018 - Urban bussing times will be changing over the summer months. Some stop locations will change as well. At the end of August / beginning of September, please check the Hanover School Division website for updates on the urban bus schedule. Website: www.HSD.ca - go to Schools and Department - then Transportation - Urban bus Routes - then click on appropriate map or view routes.

Report Cards

Report cards will be sent home with your child at the end of the day on the last day of school. Those students that are not here on the last day the report cards will be mailed out.

Parents can also log on to the Parent Portal to access their students report card at the end of the school day.



Baby Needed

Southwood School is looking for **babies born between March 2018 and June 2019** to take part in our roots of empathy program for 2018 - 2019. If you have a newborn or know someone who does, we need you!

For more information please contact Mr. Kehler or visit <http://www.rootsofempathy.org/> for more information.



Library News

Inventory time in the Library Learning Commons is coming up quickly.

All student books are due back on Tuesday, June 12th as inventory will be starting the next day. Please check your shelves at home for those lost or forgotten library books.

All students that return their library books and pay any outstanding fines, will be automatically entered in a draw for some fun prizes!



Notice of Approved Petitions for Southwood School

Petition for Religious Exercises

The Hanover School Division Board of Trustees has received a petition requesting that religious exercises be held at Southwood School during the 2018-2019 school year. The petitioners have specified their desire for the recitation of the Lord's Prayer, and the reading of a Bible passage or story from the Bible. As the petition bears the signatures of parents/guardians representing more than 60 students in the school, the Board of Trustees has authorized religious exercises as specified above. These exercises are to be held before the official instructional day from 9:00 a.m. to 9:05 a.m., in a designated common area of the school.

Petition for Religious Instruction

The Hanover School Division Board of Trustees has received a petition requesting that religious instruction be held at Southwood School during the 2018-2019 school year. The petitioners have specified their desire for the Discovery Time Program offered by Child Evangelism Fellowship. As the petition bears the signatures of parents/guardians representing more than 25 students in the school, the Board of Trustees has passed the required by-law permitting religious instruction as specified above. This instruction is to be offered by volunteers during designated half-hour per week classes.

Parents/Guardians who did not sign the submitted petitions are eligible to join at any time, by delivering a signed note to the school office. The note must indicate the name and grade of student for whom permission to participate is being given, and include parent/guardian signature. The school principal will forward all received documentation to the HSD Administration Office. Only children whose parents/guardians signed the petition, or have subsequently joined via permission note, may participate in the exercises and instruction as described above.

Religious exercises and religious instruction in public schools may only be implemented by school boards in a manner consistent with the Public Schools Act and Provincial Guidelines - after parent/guardian petition is presented to the school board. Such petitions require annual submission, and must be received by the Hanover School Division Board of Trustees no later than April 30 (previous to the school year for which the petition applies). Additional information regarding the Public Schools Act, HSD policies, and Provincial Guidelines governing these petitions can be viewed on the Southwood School website.

A handwritten signature in blue ink, appearing to read 'Ron Falk'.

Ron Falk, Board Chair
Hanover School Division

A handwritten signature in blue ink, appearing to read 'Randy Dueck'.

Randy Dueck, Superintendent-CEO
Hanover School Division

Approved May 1, 2018



SUMMER 2018
Hanover Parent and Child Community Program

The Hanover Parent and Child Community Program invites parents and their preschool children to attend **free summer parent-child programming**. This program is being provided by the **Hanover School Division** to promote continued development and school readiness skills. Children will have the opportunity to play, learn, create, sing and develop skills to prepare them for kindergarten. Parents will be able to visit with other parents, learn parenting skills and participate in activities with their children. Snacks will be provided.

The Hanover Parent and Child Community Program will be offered:

Steinbach:

Southwood School - Hut C-1 on the following days:

Monday Mornings from 9:30 - 11:30 on:
July 9 & 16 and August 13 & 20, 2018

Wednesday Afternoons from 1:15 to 3:15 on:
July 4, 11 & 18 and August 8, 15 & 22, 2018

Come with your children and enjoy playing, reading, physical activity, singing, crafts and snacks. Come each time or just drop in when you can. No registration is needed.

Please call 204-326-9829 if you require any more information.





**RIGHT AT
SCHOOL**

Coming
Fall 2018!

After School

at Hanover Schools



After School

Until 6:00 pm

5 Days.....\$100/biweekly

4 Days.....\$ 88/biweekly

3 Days.....\$ 72/biweekly

2 Days.....\$ 52/biweekly

1 Day.....\$ 26/biweekly

Drop In...\$ 35/Day 10 Day Punchcard\$230.00

We're here for parents looking for a safe, comfortable and fun place for their children before and after school. Led by our nurturing educators, your children will complete their homework, engage in fun fitness, participate in our enrichment curriculum, and become part of a community that feels like family.



REGISTER: rightatschool.com 855-287-2466

Dear Parents/Guardians,

Registration is Now Open! Conditional upon receiving sufficient registrations, Right At School will offer after-school programming at your child's school beginning in September, 2018.

Although there is no deadline for fall registration, you are encouraged to register before June 30, 2018. Registering early will assist us in determining site viability (minimum daily average of 15 students per day) and ensures the program will operate as scheduled at your child's school.

Registration and Payment Questions

Tel.: 1-855-287-2466

Website: <http://www.rightatschool.com>

Program Questions

Area Program Manager - Grace Anastasiadis

Tel.: 431-336-5500

Email: grace.anastasiadis@rightatschool.com

We are very excited about this partnership with Right At School, and look forward to the start of after-school programming at your child's school in September.

Healthy Food In Schools

HEALTHY KIDS | HEALTHY SCHOOLS | HEALTHY COMMUNITIES

Food for a **BALANCED SCHOOL DAY**

The Balanced School Day is a way of scheduling class and break time with two breaks for eating, replacing the traditional one hour lunch break. The Balanced School Day allows food to be packed in a number of combinations depending on you child's likes and appetite.

Below are a few different ways food can be balanced throughout the day.

break one: breakfast	break one: snack	break one: 1/2 lunch plus snack
break two: lunch	break two: lunch	break two: 1/2 lunch plus snack

- Expect children to help plan, prepare and pack meals & snacks. When they're involved they are more likely to eat their food packed from home. Talk to your child, and together decide how food should be packed and labelled to help them figure out what to eat and when.
- Include a small frozen cold pack to keep cold foods cold and an insulated container to keep hot foods hot. To keep food hot in an insulated container it helps to first pre-heat the container with boiling hot water. Let the hot water heat the container for a few minutes then empty and fill with steaming hot food.
- What you send matters, pack foods that your child will enjoy and give them energy to learn. Canada's Food Guide makes it easy to choose foods wisely.
- Suggestions listed on the back will help you pack healthy and tasty meals & snacks. Visit our website at www.gov.mb.ca/healthyschools/foodinschools topics and tools making lunches for more ideas.

Call toll free for assistance from Manitoba Healthy Food in Schools —1-888-547-0535

Visit our website: www.gov.mb.ca/healthyschools/foodinschools

Healthy Food In Schools

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The food suggestions below do not exclude potential allergens.

Vegetables and Fruit	raw vegetables (carrot sticks, celery sticks, snap peas, cherry tomatoes, pepper strips), vegetable salad or coleslaw, raw fruit (sliced apple, small banana, grapes, mandarin orange, cut up melon, berries), canned fruit cup or apple sauce (no sugar added)
Grain Products	whole grain crackers, pita, tortilla, bagel or bun, corn bread, English muffin, bran or oatmeal muffin, whole grain cereal
Milk & Alternatives	milk, cheese string or cut up cheese, cottage cheese cups, milk based soup, yogurt dip for vegetables or fruit, yogurt cup frozen yogurt tube, yogurt drink
Meat & Alternatives	hard-boiled egg or egg salad, mixed bean salad, hummus, baked beans, lean deli meat, chicken salad, tuna salad, salmon salad, peabutter (made from golden brown peas) , sunbutter (made from sunflower seeds), peanut butter

Leftovers	Make extra portions of supper the night before for easy lunches the next day. Try spaghetti and sauce, stir fry, stew, casserole, chili, soup, pizza, roasted meat sandwiches.
Soup or Baked Beans	Heat at home and put into a thermos or microwave at school (look for low sodium varieties). Serve with whole grain crackers, cheese and raw vegetables.
Pasta Salad	Let children decide what to put into the salad. Offer leftover cooked vegetables, shredded carrots, chopped peppers or tomatoes, cubed cheese, hard-boiled egg, leftover poultry or meat, canned tuna or salmon or sunflower seeds.
Kabobs	Skewer fruit , cheese or sandwich pieces to make a kabob.
Yogurt or Cottage Cheese Parfait	Add canned, fresh or frozen fruit to your child's favorite yogurt or cottage cheese and include a small container of cereal for your child to sprinkle on top.